



Colorado Heart Clinic
A Division of  Healthy Connections

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Instructions for CATH/Angioplasty

- **Please hydrate with H2O 48 hours prior to your procedure.**
- Nothing to eat or drink after midnight the night before the procedure.
- Take any AM medications with you to the hospital and you will be instructed on what you can take.
- You will need a driver after this procedure.
- If you need angioplasty, you will spend the night in the hospital. Bring an overnight bag.
- If you do not need angioplasty, you will be discharged the day of the procedure.
- If you are on Metformin, Glucophage, Glucovance or Avandamet do not take any the day of the procedure. Your last dose should be the day before the procedure.
- If you are on Pradaxa, Xarelto, or Eliquis you will be instructed to hold your medications 48 hours prior to your procedure. Plavix, Effient, and Brilinta do not need to be held.
- If you are on Coumadin or Warfarin you will be instructed to stop this medication 4 days prior to procedure. Based on your medical history you may require a Lovenox Bridge. You will instructed when to restart your medication at the hospital.
- If you are on insulin, take half of your morning dose.

*See your hospital discharge paperwork for post procedure instructions.